

# Northern Outlook

A publication from the Yukon - Alaska Council of Toastmasters

## The Soil Is Prepped and Waiting For YOU

FALL CONFERENCE ~ OCT 8 - 10, 2010

**Come to the Yukon-Alaska Council of Toastmasters (YACT) Fall 2010 Conference.**

Friday and Sunday events are at the Grandview Inn & Suites. All Saturday events, including the YACT Council Meeting and the YACT General Business Meeting are at the Curtis Menard Memorial Sports Center. Keynote Speaker:

Award winning speaker and current Economic Development Advisor Rick Mystrom. Register and pay online at

<http://www.yact.org/members/yact/adminpages/10FallConference>.

**FUN FIELDS - Toastmasters Got Talent!** Bring your Tall Tale, Interpretive Reading, Stand-Up Comedy, Dance Routine, Favorite Song or "whatever" and more to Friday Evening's Networking & Talent Extravaganza. Be sure to attend to see all of us having fun and, if you'd like, throw your 5-10 minute performance in the Ring! Remember, all performances can be evaluated for Speech or Competent Leader projects. Just let Beth Fread (907.746.3218 or Beth@BethsValleyViews.com) know that YOU want to be added to the Marquee!

**THE GRAINS - Hops, Barley and Wheat** will sustain us as we learn about overcoming



A Note From Jane Thomas, DTM

YACT Council Governor

We Are One YACT

Another Toastmasters year has begun! Many thanks to Immediate Past Council Governor Keith Baldwin and all the 2009/2010 YACT leaders, who helped us to achieve great things last year. New clubs were chartered, many more people discovered the benefits of Toastmasters, and members earned more educational awards than ever before. Congratulations to all!

Thanks to the efforts of many, this year is off to a fabulous start. Already we have one new club - Spotlight Speakers!! And very very soon, the Palmer Club charter will be in their hands.

Several more new clubs are in the works - in Anchorage, Fairbanks, and the MatSu Valley, in community rooms, businesses, restaurants, and on military bases.

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**YACT Executive Officers**

Jane Thomas – YACT Council Governor

Duane Epton – Lieutenant Governor of  
Education & Training

Alison Boyce – Lieutenant Governor of  
Marketing

Dawn Williams – Public Relations Officer

Ruth Vincent – Secretary

Anne Fleming – Treasurer

Lucy Evans – Sergeant at Arms

Justine Bishop – Division 1 Governor  
Area Governors –

Area 1 – Pat DeMeritt

Area 2 – Mike Settington

Area 6 – Kelly Clark

Area 9 – Don Erickson

Theo Hunt – Division C Governor  
Area Governors –

Area 3 – Cathy Giessel

Area 4 – Shelby Wilson

Area 5 – Erica Cordeiro

Area 7 – Angela Ritchey

Area 8 – Mike Ferris

Log onto the [www.yact.org](http://www.yact.org) website for  
contact information for any of the 2010-  
2011 leadership team.

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**Have an idea for an article or  
contribution to the Northern Outlook?  
Contact Dawn Williams at [sbgal@gci.net](mailto:sbgal@gci.net).**

**Toastmaster International Awards****Is Your Club on Track?**

What?!? Toastmasters International has club awards?

Three times annually, Toastmasters International hosts membership building drives for each club. Most members of Toastmasters joined a club because someone invited them to a meeting. These contests recognize clubs who have taken the initiative to give others the same opportunity to learn and grow that someone else once offered to them.

**Smedley Award****Program Dates: August 1 – September 30**

By adding five new, dual, or reinstated members between August 1 and September 30 you'll qualify to receive a "Smedley Award" ribbon to display on your club's banner.

**Talk Up Toastmasters!****Program Dates: February 1 – March 31**

Toastmasters love to talk? So take advantage of it. Add five new, dual or reinstated members to your roster between February 1 and March 31 to receive a special "Talk up Toastmasters!" ribbon to display on your club's banner.

**Beat the Clock****Program Dates: May 1 – June 30**

Toastmasters are taught to run meetings on time, finish speeches on time and make membership goals on time. "Beat the Clock" is about finishing the year on schedule -with a bang! Clubs adding five new, dual or reinstated members during these two months receive a "Beat the Clock" ribbon to display on the club's banner.

## Individual Accomplishments

Congratulations to these fellow YACT Toastmasters for accomplishing their goals!

| Area | Club                       | Member                 | Award |
|------|----------------------------|------------------------|-------|
| 1    | UAF Toast                  | Jacqueline Debevec     | CC    |
| 1    | UAF Toast                  | Katherine Colleen Love | CC    |
| 1    | UAF Toast                  | Katherine Colleen Love | CL    |
| 3    | Borealis                   | Deric Steven Counter   | CL    |
| 3    | Borealis                   | Don Fleming            | ACB   |
| 3    | BP Club                    | Anita Hartman          | CC    |
| 3    | BP Club                    | Catherine Giessel      | ALB   |
| 3    | Untwisted Tongues          | Cair Wood              | CL    |
| 3    | Untwisted Tongues          | Dawn Rochelle Bonfield | CC    |
| 3    | Untwisted Tongues          | Mary Susan Endacott    | ACG   |
| 4    | Alyeska                    | Duane Epton            | ACB   |
| 4    | Alyeska                    | Duane Epton            | CC    |
| 4    | Alyeska                    | Duane Epton            | CL    |
| 4    | Alyeska                    | Doug Mills             | ACS   |
| 4    | Top of the World           | Michael Bleicher       | CC    |
| 5    | Agape Alaska               | Barry Valentine        | CC    |
| 6    | Valley                     | Colleen Sullivan       | CC    |
| 6    | Valley                     | Joyce Dianne Vick      | ACB   |
| 6    | Valley                     | Justine Bishop         | CC    |
| 7    | Chugach Power Talkers      | Dora Gropp             | ACB   |
| 7    | Chugach Power Talkers      | Karen Bishop           | CL    |
| 7    | Chugach Power Talkers      | Ken Hilfiker           | ALB   |
| 7    | Mat-Su                     | Elizabeth Fread        | PALS  |
| 7    | Mat-Su                     | Elizabeth Fread        | PDTM  |
| 8    | Alaska USA                 | Clinton Hess           | CC    |
| 8    | Alaska USA                 | Peggy Hansen           | ALB   |
| 8    | Alaska USA                 | Frank Keirn            | CC    |
| 8    | Alaska USA                 | Sheli Dodson           | ACB   |
| 8    | Alaska USA                 | Sheli Dodson           | CL    |
| 8    | Dimond Talkers             | Linda Billmyer         | CC    |
| 8    | Stagecoach Speakers        | Brian Sprehe           | CC    |
| 8    | Stagecoach Speakers        | Brian Sprehe           | ACB   |
| 9    | Sweet's Pride of Fairbanks | Alison Boyce           | CC    |

## The coveted TRIPLE CROWN AWARD

Each YACT Toastmasters who earn three or more Toastmasters educational awards between July 1, 2010 and June 30, 2011 will receive a Triple Crown pin. If you are a dual member, awards can come from any or all of the clubs for which you are a member. The following count towards the Triple Crown award:

- Competent Communicator
- Competent Leader
- Advanced Communicator Bronze
- Advanced Communicator Silver
- Advanced Communicator Gold
- Advanced Leader Bronze
- Advanced Leader Silver
- Distinguished Toastmaster

**How are your speeches and awards stacking up for you to be recognized before our October 2010 Fall Conference?**

There is still time for your club Vice President for Education to submit your completed educational awards to TI. What a wonderful way for you and your club to be recognized.

Please notify Duane Epton, DTM, YACT Lt. Governor of Education at [duanepton@gci.net](mailto:duanepton@gci.net)

## *Club Dues are Due!*

Club dues are due to Toastmasters International no later than October 1<sup>st</sup>. Contact your club (or clubs) Treasurer and make your payment today! Keep your membership current to receive all your Toastmaster benefits!

\*\* Names in green were awarded in June 2010 at the end of the 2009-2010 Toastmaster year. Names in orange are pending awards.

## Toastmaster Opportunities

T.E.A.M. – Together Everyone Achieves More.

This is so true for Toastmasters. We have several opportunities available for Toastmasters to accomplish their goals. If you have any additional opportunities to add to this section, please contact Dawn Williams at [sbgal@gci.net](mailto:sbgal@gci.net), and they will be included in the next issue. I am looking for information on new clubs wanting to charter, presentations to potential corporate clubs, community activities you are involved with that are looking for speakers, etc. Also, if you are looking to complete a High Performance Leadership project and need a guidance committee or speakers, please let me know! It is exciting to share the enthusiasm of Toastmasters!

### New Clubs!

ANCHORAGE -

**Elmendorf and Ft. Richardson**

Wednesday at noon in the Elmendorf Hospital. Our "standard" meeting room is the Radiology Conference Room except for the last Wednesday of the month, when we meet in the cafeteria conference room.

Contact: Jane Thomas (907) 350-8929

If you are part of a new club please let us know! We would love to include your information in the Northern Outlook and help get the word out! Contact Dawn Williams, YACT Public Relations Officer at [sbgal@gci.net](mailto:sbgal@gci.net).

### Speaking Opportunities

**Let's Talk Healthy Relationships.** Looking for speakers to go into schools and talk about abstinence. Contact: Amie Haakenson at [amiehaakenson@yahoo.com](mailto:amiehaakenson@yahoo.com)

**Neighborhoods USA 2011 National Conference.** Anchorage, May 2011. Looking for speakers to present on How to speak to/with public officials, and other leadership essentials. Contact Dawn Williams at [sbgal@gci.net](mailto:sbgal@gci.net).

## Congratulations!

The **Charter College Club** just chartered! Thank you to all who helped get this club organized!

The **Palmer Club** has submitted their charter paperwork. We are waiting to hear back from TI that all of their paperwork is in order.

Congratulations to these two clubs and welcome new members to YACT!

**UAF Toast of Alaska Toastmasters** is hosting an 86th Toastmaster birthday celebration on October 22, 2010 at 2:30 p.m.. The event will be held at the Great Hall on the university campus in Fairbanks. Chancellor Brian Rogers and Jake Poole, Vice Chancellor for university advancement, will be inducted as honorary members of the club. For additional information, contact Mary Parsons - 907.474-7210

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### **Alyeska Toastmasters** in conducting a Speechcraft!

If you know anyone who is interested or you yourself would like to participate, please contact Alyeska Toastmasters today! Alyeska Toastmasters meet in Anchorage at the midtown Denny's on Tuesdays at noon.

Doug Mills

Alyeska President

Dmills1555@aol.com

1-3-5/2-4-6

## Contest for Clubs

Based on the Distinguished Club Goals:

1. Two CCs
2. Two more CCs
3. One ACB, ACS or ACG
4. One more ACB, ACS or ACG
5. One CL, ALB, ALS or DTM
6. One more CL, ALB, ALS or DTM
7. Four new members
8. Four more new members
9. Minimum of four club officers trained during each of two training periods
10. One membership dues renewal report and one club officer list submitted on time

### **1-3-5 Award**

Clubs that earn Distinguished Club Goals #1, #3, and #5 by the **Fall Conference** will receive a 1-3-5 ribbon for their banner. To win, submit two CCs, one AC, and one CL/AL/DTM by the **Friday of the Fall Conference**.

### **2-4-6 Award**

Clubs that earn Distinguished Club Goals #2, #4, and #6 by the **Spring Conference** will receive a 2-4-6 ribbon for their banner. To win, submit a total of four CCs, two ACs, and two CL/AL/DTMs by the **Friday of the Spring Conference**. Note if you don't meet the deadline for the 1-3-5 ribbon, you can still catch up and get a 2-4-6 ribbon!

## YACT Fall Conference

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leadership challenges from Alaskan Leader, Speaker and Author former Anchorage Mayor Rick Mystrom during his keynote address. PLUS self-development, leadership, speaking, club growth and authorship tips tricks and techniques from fellow Toastmasters!

**THE FRUITS** – Remember, your club's Silent Auction Basket can earn your club \$100!

Don't forget your fanciful and favorite dessert submissions for the well-loved DESSERT AUCTION during the Banquet.

**THE HARVEST** – Will Your Club Take Home the TRAVEL GAVEL? Hold onto your sides and exercise your cheeks during the Table Topics and Humorous Speech Competitions ... Remember – Your Area's Competitors Need You There!

**INVEST IN YOUR** food bank of knowledge and visit [www.YACT.org](http://www.YACT.org), for more information and to register. Or contact Registration Chairman/ YACT Treasurer Anne Fleming ([anne.fleming@acsalaska.com](mailto:anne.fleming@acsalaska.com)) to reserve your

Hay Wagon at the YACT 2010 Fall Conference. Contact Conference Chair Karen Robinette ([ksr12@mtaonline.net](mailto:ksr12@mtaonline.net) or 907.376.0413) for more information.

**WE NEED AN AUCTIONEER** for the dessert auction! If you'd like an opportunity to get another "speech" or Competent Leader project cleared while providing a valuable volunteer service to YACT, please let Cindy Marshall know that YOU are ready for this wonderful opportunity!!!

**WE NEED 2 TO 4 JUDGES AND VOTE COUNTERS.** Judges need to have completed at least 6 speeches. The only qualification for vote counters is being able to count to 20 without taking off both of your shoes and socks! We need one more timer, first come, first served. For more information please contact Dennis Moore, DTM [djmoore611@gmail.com](mailto:djmoore611@gmail.com) 841-3593 cell or 746-6558 home.

There may still be an opportunity to **LEAD A WORKSHOP.** Contact Beth Fread (907.746.3218 or [Beth@BethsValleyViews.com](mailto:Beth@BethsValleyViews.com)) if interested.

## Toastmasters in the Community

Alison Boyce, Martin Miller, Kayt Sunwood and Karen Taylor were invited to provide a Table Topics demonstration in Dr. Sine Anahita's Social Movements/Social Change course – Sociology 405. This course is an Oral Intensive course with expectations that students develop communication skills along with critical thinking skills and subject matter expertise. The students have a "Speech Event" assignment they must complete and they voted to include participating in Table Topics at a Toastmasters Meeting as an alternate "Speech Event" for this assignment. The demonstration took place on Wednesday 9/29 on UAF Campus. The visiting Toastmasters were asked to tell the students about Toastmasters, what they do in the meetings, invite the students to visit Toastmasters clubs in the area, explain the Table Topics portion of the meetings, and demo Table Topics. Alison Boyce served as Table Topics Master, while Martin, Kayt and Karen demonstrated how to answer Table Topics questions. All the students participated and answered a Table Topics question.

### ... We Are One YACT! From Page 1

Lots of leadership opportunities are available for those who want to help build new clubs or to help existing clubs that are experiencing membership challenges. To get involved with this rewarding effort, contact our Lt. Governor of Marketing, Alison Boyce.

#### **We are one YACT!**

The Yukon-Alaska Council of Toastmasters, or YACT, is one of two Territorial Councils recognized by Toastmasters International. In addition, there are approximately 82 Districts around the world. With a total of 33 clubs in Yukon and Alaska, as well as more in the works, we are on our way to 45 clubs, when we can apply to be a Provisional District. More clubs means more people are realizing the growth opportunities that we enjoy.

YACT is one organization, with members spread across a huge geographic area; separated by miles of roads, tundra, and water bodies; separated by an

for 28 years; some joined today. With all those differences, we are still one organization dedicated to helping each other to grow and develop.

YACT is not just the council leadership. YACT is the members, all members. Each and every one of us is a key part of YACT. The leadership is simply there to help the clubs, which are there to serve the members. As you decide how you want to get involved, where you want to make a difference, remember that we are one YACT!

Don't miss the YACT 2010 Fall Conference, October 8 - 10 in Wasilla, where you can Sow Your Seeds For Success. There we'll learn from the interesting workshops, enjoy the hot competition at the Humorous Speech Contest and Table Topics Contest, and meet people from all around YACT. I hope to see you all there!

--- Jane Thomas, DTM ---  
Council Governor, YACT

**YACT 2010 FALL CONFERENCE**  
**BASIC SCHEDULE** (subject to last minute changes)

**FRIDAY, OCTOBER 8 – Grand View Inn – Wasilla, Alaska**

- 5:00-9:00 PM Registration  
- Set-Up Display for Silent Auctions  
6:00-7:00 PM Networking  
- No-Host Bar and “Finger Meal”  
7:00-9:00 PM Preliminary Welcome and “Toastmasters Got Talent”

**SATURDAY MORNING, OCTOBER 9 – Curtis D. Menard Sports Complex - Wasilla**

- 8:00-8:30 Continental Breakfast - Registration  
8:30-8:45 Parade of Banners  
8:45-9:10 YACT Welcome – Conference Chair, YACT Governor  
9:10-9:55 Leadership Keynote – Rick Mystrom, former Mayor of Anchorage  
10:00-10:50 YACT Council Meeting  
10:00-10:50 2 Concurrent Workshops  
11:00-11:50 3 Concurrent Workshops

NOTE: 1 workshop is designated Judges & Competitor Training

**SATURDAY AFTERNOON – Curtis D Menard Sports Complex – Wasilla, AK**

- 12:00-1:30 PM LUNCH and Table Topics Competition  
1:45-2:30 PM YACT General Membership Meeting  
2:45-3:35 PM 3 Concurrent Workshops  
3:35-5:30 PM On Your Own – Shopping/ Napping/ Banquet Prep  
5:30-6:00 PM Networking – Silent Auction Begins  
6:00 PM Dinner Served  
6:45 PM YACT Awards  
7:15 PM Speech Competition Begins  
SILENT AUCTION ENDS  
Speech Competition Winners Announced

**SUNDAY, OCTOBER 10** Breakfast 9:00

- 9:30-11:00 Leadership Workshop

**DESCRIPTION OF WORKSHOPS**

SATURDAY – OCTOBER 9, 2010

**9:10-9:55 Leadership Keynote**

Rick Mystrom, former Mayor of Anchorage

Live Healthy, Live Bold, Live Long with Diabetes--- Rick Mystrom has been a diabetic for nearly 50 years and has never let it interfere with his living a healthy, active, successful and full life. He has competed in sports all his life and has been founder or president of dozens of Alaskan service organizations. He has started and run two very successful business and was selected as one of America’s Top 3 Small Businessmen. He was chairman of America’s Bid for the Winter Olympics for 1992 AND 1994. He is currently working on a book titled My Wonderful Life with Diabetes to share what he’s learned with the 25 million or so diabetics in America.

**10:00-10:50 2 Concurrent Workshops**

- *EIGHT P’S TO SUCCESS!*

*Mike Kennedy – Fellow Club Member Recommendation*

Is personal success important to you? Would you like to help others be more successful in life?

Do you have flea syndrome? Many people have it and they don’t even understand what it is!

Your "Yes", to any of these three questions says that this workshop is for you. You will gain a solid set of easy-to-remember guidelines, materials and stress-free methods for success that are transferable to others!

- TBA

### 11:00-11:50 3 Concurrent Workshops

- *COMPETITIVE EXCELLENCE*  
*Doug Mills, Competition Chairman & Dennis Moore, Judging Chairman*  
**(Mandatory for Competitors and all other Competition Volunteers)**  
The speaking area, the judging criteria, the timing, the introductions, the interviews and a potential “mic-check”; all of these and much more will be covered in this workshop. Those who have considered competing will want to “get a leg up” and come to this workshop. You WILL want to find out about the “nuts and bolts” of Toastmasters competitions. Prepare Yourself Now!
- *TENDING YOUR TOASTMASTERS GARDEN*  
*Alison Boyce, Lt. Governor Marketing*  
Personal, Club and YACT growth are integrated into a rich harvest by an experienced DTM and YACT Competition winner. Alison will explain the personal benefits we derive from our participation in our Club’s and YACT’s success. Her workshop materials for “Gardening and Growth” will provide you with a landscaping plan for your future in Toastmasters.

### 2:45-3:35 PM 3 Concurrent Workshops

- *THE PATH TO PUBLISHED!*  
*Bo Blankenship – Speaker, Author, Toastmaster*  
This fellow Toastmaster and recognized professional speaker has “secrets” to share with us. Learn the roots of Bo’s personal growth, how he worked to put it in writing, and then successfully get it published. This workshop is definitely about Tips and Tricks to achieving personal growth and published success!
- *SPONSOR US!*  
*Cheryl Eluska*  
Toastmasters are volunteers. All of us volunteer in our Clubs, Areas and YACT, and many of us volunteer outside of our TM “clique”. This workshop will provide methodologies, tips and techniques for successful fundraising for events from a Professional Fundraiser! If you volunteer you don’t want to miss this opportunity to become even more valuable to your organization(s)!
- *SPEECHCRAFT! TM’S BEST MEMBERSHIP BUILDING TOOL*  
*Eric Downey – President, Kashim Club*  
Discover the secret of how Kashim Club went from “un-distinguished” club to consistently President’s Distinguished Club. Why they had to SWITCH from having a Speechcraft every year to every other year. How the foundation for a high-membership retention and leadership fostering Club program can start with a group of dedicated “Crafters”. Experience pays! Tap into this “Fount of Success” using the tools identified by this presenter.